

Sir

Re: Congenital Hemihypertrophy and Wilms' Tumour

I would like to comment on the above article by Antia Obong et al.¹ The authors administered Vincristine to their patient for only five weeks following nephrectomy for stage I Wilms' tumour; they presumed that the patient may be cured of the disease. The appropriate treatment for stage I Wilms' tumour is nephrectomy followed by Vincristine and Actinomycin D as outlined in the table below for a total of 15 months.² In certain specialized centers, a more intensive and aggressive therapy, using Actinomycin D and Vincristine, may be employed for a minimum of 26 weeks.³ These regimes are essential to achieve "a high cure rate" and diminish the chances of recurrence.

Table: Chemotherapy for Wilms' Tumour

Course	Drugs	
	Vincristine (i.v.)	Actinomycin D (i.v.)
<i>1st Course:</i>		
a. During nephrectomy (intraoperatively)	1.5mg/m ² as a single dose (maximum 2mg) and weekly for 8 wks	15 ug/kg as a single dose and daily for 5 days
b. Six weeks		15 ug/kg as a single later dose and daily for 5 days
<i>2nd course: three months</i>		
	Two doses of 1.5mg/m ² given one week apart and daily for 5 days	15ug/kg as a single dose
<i>3rd and subsequent courses</i>		
	As for 2nd course 3 months apart for a total of 15 months	As for 2nd course 3 months apart for a total of 15 months

References

1. Antia Obong OF, Ekwere PD, Ekpo MD and Archibong LI. Congenital Hemihypertrophy and Wilms' Tumour - a Case Report. Nig J Paediatr 1988; 15: 47-50.
2. Risch TS. Nephroblastoma (Wilms' Tumour). In: Pritchard CM (ed). Pediatric Kidney Disease. Boston: Little Brown Company (Publishers) 1978: 1254-6.
3. Wenn AB, Garschull T, Leckie H, and O'Donnell L. Hypertension associated with increased renin concentrations in nephroblastoma. Arch Dis Child 1991; 66: 523-5.

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